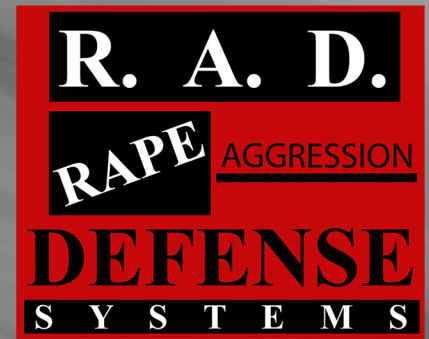


Limited to first 25!



R.A.D.

RAPE AGGRESSION DEFENSE

coming

Tuesdays

February

6 - 27

6:00 p.m. - 8:30 p.m.

Wednesdays

April

4 - 25

\$10

The Rape Aggression Defense (RAD) System is a program of realistic, self-defense tactics, concepts and techniques. It is a comprehensive course for women that begins with AWARENESS, PREVENTION, RISK REDUCTION & AVOIDANCE, while progressing on to the basics of hands-on defense training.



- Age: Women ONLY ages 12 and older
- Location: Stafford County Sheriff's Office (1225 Courthouse Rd.)
- Questions: 1st Sgt. M. Gibbons 540-658-4020
- Registration: Stafford Parks & Rec 540-658-5116 or www.staffordparks.com